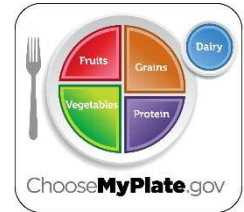




June 2019 Freedom Preparatory Academy Vineyard Summer Lunch Menu



**Meals served Monday – Thursday
11:30 a.m. – 1:00 p.m.**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| <p style="text-align: center;">3</p> Pulled Pork Sandwich Coleslaw Chips Applesauce Fresh Fruit | <p style="text-align: center;">4</p> Walkin' Tacos Fresh Pico de Gallo Spanish Rice Corn Baby Carrots Mandarin Oranges Fresh Fruit | <p style="text-align: center;">5</p> Corn Dog Baked Fries Ranch Beans Vegetable Medley Peaches Fresh Fruit | <p style="text-align: center;">6</p> Happy Pot Pie Roasted Vegetables Dinner Roll Pears Fresh Fruit Cookie | <p style="text-align: center;">7</p> Prices: All children up to 18 years of age eat free . No income restrictions. Adults: \$3.80 |
| <p style="text-align: center;">10</p> Pizza w/marinara dip Cheesy Garlic Roll Celery Cucumber Salad Mandarin Oranges Fresh Fruit | <p style="text-align: center;">11</p>  Super Nachos Bean Dip Fresh Pico de Gallo Spanish Rice Corn Peaches Fresh Fruit | <p style="text-align: center;">12</p> Spaghetti & Meat Sauce Garlic Bread Italian Vegetables Pears Fresh Fruit | <p style="text-align: center;">13</p> Hamburger on a Bun Lettuce, Tomato, Cucumber Baked Fries BBQ Beans Baby Carrots/Ranch Applesauce Fresh Fruit | <p style="text-align: center;">14</p>  |
| <p style="text-align: center;">17</p> Pizza w/marinara dip Cheesy Garlic Roll Spinach Salad Tropical Mixed Fruit Fresh Fruit | <p style="text-align: center;">18</p> <i>Café Rio</i> -style Sweet Pork Salad Cilantro-Lime Rice Black Beans Fresh Pico de Gallo Mandarin Oranges Fresh Fruit | <p style="text-align: center;">19</p> Chicken Tenders Tater Tots Baked Beans Baby Carrots/Ranch Scooby Snacks Peaches Fresh Fruit | <p style="text-align: center;">20</p> Hawaiian Haystacks with Rice, Turkey in gravy and a variety of toppings: Coconut, Cheese, Chopped Celery, Peas Green Onions, Chow Mein Noodles Steamed Broccoli Pineapple Fresh Fruit | <p style="text-align: center;">21</p>  |
| <p style="text-align: center;">24</p> Pizza w/marinara dip Cheesy Garlic Roll Broccoli Salad Pears Fresh Fruit | <p style="text-align: center;">25</p> Cheese Quesadilla Fresh Pico de Gallo Mexican Beans Steamed Carrots Peaches Fresh Fruit | <p style="text-align: center;">26</p> Kalua Pork & Veggies Steamed Brown Rice Coconut Bun Pineapple Fresh Fruit | <p style="text-align: center;">27</p> Monster Fries Topping Choices: Chili, Cheese, Green Onions, & Diced Ham Dinner Roll Peas & Carrots Applesauce Fresh Fruit | <p style="text-align: center;">28</p> Milk is included with meals. Extra milk - \$.30  |

PB&J Uncrustable available as an alternate entrée on request.



Fresh Fruits offered:
 Grapes, Apples, Oranges, Bananas, Cantaloupe, Kiwi,
 Honeydew, Mandarin Oranges, Watermelon, Pineapple



This Institution is an equal opportunity provider.

